



Bone Mineral Density DEXA, Body Composition & Sarcopenia Referral

Name:	<input type="text"/>	Mobile:	<input type="text"/>
Address:	<input type="text"/>	Telephone:	<input type="text"/>
		Medicare No.:	<input type="text"/>
DOB:	<input type="text"/>	Medicare Expiry:	<input type="text"/>
		Gender:	<input type="text"/>

BILLING DETAILS: Private Bulk-Bill / DVA

REQUESTED TEST: (please select one)

<input type="radio"/> Bone Mineral Density	<input type="radio"/> Spine	<input type="radio"/> Hip	<input type="radio"/> Forearm
<input type="radio"/> Body Composition (no Medicare rebate)	<input type="radio"/> Sarcopenia	<input type="radio"/> Fat mass	<input type="radio"/> Visceral Adipose Tissue
<input type="radio"/> Vertebral Fracture Assessment	<input type="radio"/> LVA	<input type="radio"/> AVA	<input type="radio"/> Spine
<input type="radio"/> Orthopedic Prosthetic Assessment	<input type="radio"/> Knee	<input type="radio"/> Hip	

CLINICAL INDICATIONS: (please select one)

Baseline / Follow-up (not covered by Medicare)

Item 12306 (one service in a 2 year period):

Presumed osteoporosis following minimal trauma fracture

Monitoring of low bone mineral density (T-score < -2.5 or Z-score < -1.5)

Item 12312 (one service in a 1 year period):

Prolonged corticosteroid therapy (>7.5mg)

Cushing's syndrome

Hypogonadism M/F (if F: < 45 y/o and lasting > 6/12)

Item 12315 (one service in a 2 year period):

<input type="radio"/> Primary hyperparathyroidism	<input type="radio"/> Hyperthyroidism
<input type="radio"/> Malabsorption	<input type="radio"/> Chronic liver disease
<input type="radio"/> Rheumatoid arthritis	<input type="radio"/> Chronic renal disease

Item 12321 (one service in a 1 year period):

Monitor response to significant change in Rx for osteoporosis after 12months of treatment

Patients over 70 years of age:

Item 12320 (one service in a 5 year period):

Initial Screening

Previous test results with a T-score of -1.5 and above

OR

Item 12322 (one service in a 2 year period):

Previous test results with a T-score between -2.5 and -1.5

CLINICAL NOTES:

REFERRER DETAILS:	Name:	<input type="text"/>	Signature: <input type="text"/>		
	Provider No.:	<input type="text"/>			
	Address:	<input type="text"/>			
	Phone:	<input type="text"/>		Date:	<input type="text"/>
	Copy of report to:	<input type="text"/>		Fax:	<input type="text"/>

Email Referral



**BONE AND BODY
HEALTHSCAN**
BONE DENSITY AND BODY COMPOSITION

Ground Floor, Suite 1/124-126 Camberwell Road,
Hawthorn East VIC 3123
Phone: (03) 9041 6633
Info@boneandbodyhealth.com.au

Bone Mineral Density DEXA, Body Composition & Sarcopenia Referral

Instructions for your DEXA or Body Composition Scan

REMEMBER TO BRING TO YOUR APPOINTMENT:

- Your Referral
- Medicare Card
- Concession/DVA Card
- Any previous DEXA/BMD scans

Please arrive 10 minutes before your booked appointment time.

WE ACCEPT ALL RADIOLOGY REFERRALS

1. How long will the scan take?

The scan will take approximately 20 minutes.

2. Do I need to prepare for the scan?

No fasting is required for the scan. Medication should be taken as normal except for **calcium**. Do not take calcium tablets for **24 hrs** prior to your test.

It is helpful but not essential to wear clothing which is loose and free of metallic attachments such as buttons, zippers, buckles and fasteners.

You cannot have the test if you are **pregnant**.

If you have had a CT, MRI, X-ray or Nuclear Medicine scan with contrast within the last **2 weeks** please let staff know at the time of booking.

3. Will the procedure be uncomfortable?

There are no injections, tunnels or confined spaces. You will be lying on a scanning table with a small scanning arm over the top. You must be able to weight bear/stand to get onto the scanning table.

4. When will my doctor have the results?

The results will then be sent to your doctor within 24 hours, either faxed or electronically via Healthlink. If the results need to be mailed it will take 3 days.

5. What if I am unable to attend my appointment?

If for any reason you are unable to attend it is important you or someone else please contact us on **(03) 9041 6633** and we can reschedule to a time that is more convenient.

6. Where can I park?

There is free parking underneath the building.
There is free 2hr parking next door at the Swinburne Community Activity Centre.

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Hawthorn East VIC 3123**

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[Email Referral](#)